

Leader Worth Following

Teacher Guide

Teacher Instructions:

You may print enough copies of the Classroom Activity (page 2 of this PDF) for your students, or you may have them re-create a similar page with their own piece of paper, in their notebook, or on their laptop.

Read the instructions for Section 1 and Section 2 before handing out the Classroom Activity sheets to students so you can answer questions that might arise.

The ultimate goal is for students to identify their own personal Strengths and Passions, and with the help of brainstorming and collaboration from other students, discover opportunities to use their Strengths and Passions to be contributors to their school, community and family.

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Classroom Activity

SECTION 1: Spend 5-10 minutes writing as many personal strengths and passions down as you can. You should focus on writing down action-oriented skills, interests or abilities. Then draw a line connecting any Strengths that are also Passions; these are your “Sweet Spots of Success.” Then move to Section 2.

STRENGTHS

PASSIONS

SECTION 2:

- 1) Get into groups of 2-6.
- 2) Share your “Sweet Spots of Success” with the other students in your group.
- 3) Ask your group the following question: **“Based on the Sweet Spots of Strengths and Passions I have shared with you, what are some specific things you think I could do to help others?”** (Important: BE QUIET as other students give you feedback, but be sure to write down whether you agree with them or not.)
- 4) Divide the time you have in your group so each student has enough time to share his/her “Sweet Spots” and hear responses from the rest of the group.

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Teacher Feedback

Teacher Instructions:

As your students go through their own Strengths and Passions and gain from the feedback from others, please take 30 seconds to provide feedback to Matt for his speech or the Classroom Activity, whether good or bad.

To fill out the feedback form, go to www.mattmizell.com/feedback.

Thank you in advance for your thoughts.